

# **Pecan Square Emergency Preparedness Guide for Residents**

Here at Pecan Square, we understand the importance of being prepared for any type of unexpected or emergency event. In this guide, you will find helpful information including emergency contact numbers, preparedness tips for your household, and what to do in the event of certain types of events. We encourage you to use this information to develop your own emergency plans for you and your family members.

## **Emergency Numbers**

Medical Emergency/ Fire	911
Denton County Non-Emergency	940-349-1600
ATMOS (Gas)	866-322-8667
CoServ (Electric)	844-330-0762

(Please note if you have a family member who is on life saving electrical equipment let CoServ know you have a Critical Care member status by signing up for the Critical Care service.)

Town of Northlake (Water)	M-F 8 am – 4 pm	940-648-3290
after hours emergency		972-942-4981
HOA During Business (General Manger)		214-558-6905
HOA FirstService Residential Customer Care 24/7		214-871-9700

## **Emergency Notifications/Alerts**

The Argyle Fire District utilizes the <u>Everbridge</u> emergency alert system to provide mass emergency notifications to the residents and businesses within the Argyle, Bartonville, Copper Canyon, Lantana, and Northlake areas. You are HIGHLY encouraged to register for this service so that you can receive text and email alerts regarding severe weather or other emergency situations and what you should do to remain safe.

## CLICK HERE TO SIGN UP FOR THE EVERBRIDGE EMERGENCY NOTIFICATION SYSTEM

## **Pecan Square Emergency Preparedness Team**

Pecan Square has established its own Emergency Preparedness Team which can help provide support during events that don't require EMS or other first responder services. Residents can also reach out to the team for assistance in developing their own preparedness plans or if they have questions as to who they should contact to report issues following an actual event.

# Please note that ALL medical and fire emergencies should be immediately reported to 911

Emergency Preparedness Team Resident Chair Kyla Oberg 817-905-7512 kylaoberg@gmail.com

Pecan Square General Manager
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# **Household Preparedness**

## **Home Utilities**

#### Water

- Know where water shut off valves are located for all internal and external water sources, and for the full house.
  - Measure distance from meter box to a landmark (i.e. tree) in case it is covered.
  - Consider applying WD 40 to the cut off valves for ease of use this could work on your gas meter as well

#### Gas

 Know where gas shut off is and proper shut off protocols, <u>NEVER RESTORE GAS SERVICE</u>, <u>ONLY ATMOS CAN DO THIS</u>

#### **Electrical**

- Know how to properly shut down your electrical circuit box and how to properly turn your electricity back on.
- Understand how GFI switches work and why they may be causing you to not be able to restore power to certain parts of your home.

# **Emergency Supplies**

Every family is encouraged to consider having the following items on hand for an emergency. In general, having these items on hand can help emergency situations be less stressful and will help reduce the strain on our emergency response professionals as they navigate to those most in need. Individual needs will determine selection. These suggested items align with most needs concerned.

## **Go Bag Inventory**

Medications Extra Prescription Glasses

Formula/Diapers Pet Supplies

Clothes Cash

Copies of Identification Hygiene products

Important numbers written down Copy of Home-Owners Insurance

The American Red Cross and FEMA suggest enough inventory for 72 hrs. Expiration dates need to be checked periodically. (Electrical outages could last 7-10 days additional supplies encouraged)

- o 3 gallons of water per person per day (family of two 18 gallons on hand)
- Nonperishable food such as cans, pastas and foods that do not require heat for preparation
- Medications
- Extra Prescription Glasses
- o Formula/Diapers
- Pet supplies

#### Other items

- Gas or propane powered generator
  - Gas and or propane for your generator
- Spare gas for your car as well in case you need to reach an operating gas station, but understand that gas on hand expires and should be used and replaced regularly
- Batteries
- Charged external batteries for phones and devices
- Flashlights
- Candles/Matches/ lighter
- First Aid Kit
- Weather Radios battery operated
- Pet Kennels
- o N95 masks
- Plastic and duct tape
- Tarp / plastic sheeting
- Walkie Talkies
- Battery operated fans
- Heat reflective blankets during the summer
- Space Heaters if we have rolling power
- Blankets during the winter
- o Backup batteries for medical equipment
- Ice and Cool items in your fridge should be good for 4 hrs. in the fridge 24 -48hrs in the
  freezer depending on how full your freezer is. If there is prolonged outage it may be
  necessary to move your fridge and freezer items to a cooler. Items in the fridge need to
  be kept at 40 degrees Fahrenheit.
- Sand/Ice Melt
- Snow Shovels
- Manual Can opener
- o Fire Extinguisher chemical/water

#### **First Aid Kit**

## **Basic Inventory**

Antiseptic wipes (BZK or alcohol-based)
Antibacterial ointment e.g. bacitracin
Medical adhesive tape 10 yard 1" width
Compound tincture of benzoin
Assorted adhesive bandages
Butterfly bandages
Gauze pads (various sizes)
First-aid manual or information cards

Nonstick Sterile Pads
Fine point tweezers
Safety Pins
Blister treatment
Ibuprofen/other pain-relief medication
Insect-sting relief treatment
Antihistamine

## Wraps, Splints, and Wound Covering

Elastic Wrap Rolled, stretch-to-conform bandages

Oval eye pads Triangular cravat bandage

Hydrogel-based pads Finger splint (s)
First-aid cleanse pads with anesthetic SAM splint (s)

Rolled Gauze Hemostatic (blood-stopping) gauze

Liquid Bandage

**Medications/Treatments** 

Hand sanitizer (BKZ or alcohol based)

Loperamide tablets

Aloe vera gel Injectable epinephrine for allergic reactions

Aspirin (for response to heart attack)

Antacid tablets

Oral rehydration salts

Lubricating eye drops or an eyewash

**Tools and Supplies** 

Knife (or multi-tool with knife)

Standard oral thermometer

Small mirror Paramedic Shears (blunt-tip scissors)
Medical gloves (pre. Nitrile) Razor blade or #15 or #12 blade scalpel

Irrigation syringe with 18-gauge CPR mask

Cotton-tipped swabs Magnifying glass

Needle-nose pliers with wire cutter

Waterproof container for all med supplies

Duct tape (small roll) Emergency heat-reflecting blanket Small notepad & waterproof pencil or pen Headlamp (preferred) or flashlight

Medical waste bag (this can be a big Ziploc bag Whistle

Staple Gun w/ staples 500

**Recommended Items for Kids** 

Coloring books Games that do not require power

Toys including stuffed animal or doll for comfort Snacks they like

**Recommended Items for Pets** 

Crate Medications
Food Pee Pads
Chew Toys Treats
Water in addition to family water Leash

Pet ID

**Crate** - while you may not crate your animal if you are required to evacuate many shelters will require crates for your pets. In Texas pets cannot be turned away, but due to allergies of others you can be forced to house them in a different part of the shelter and in a crate.

## **Power Outage**

Power outages can occur at any time. Pecan Square is not limited to one single power grid so it possible that some areas may lose power while others don't. In this case see if you can stay with a neighbor or friend if they still have power and only if you feel comfortable doing so.

During the summer/spring months if there is a breeze and it is cooler outside than inside, we recommend opening windows to cool the home.

During the winter/ fall if it is cold, we recommend closing off rooms not in use and blankets. Notify CoServ of the outage in case they have not been notified.

## **Tornado**

Tornado season is typically March – August, but it may happen in other months.

Make sure you know the best place in your home you should wait out a tornado warning or actual tornado. We do not have tornado sirens. Weather radios with batteries or hand cranks will be your most useful tool to determine when you should take shelter and for how long. If you do not have a reenforced room or a tornado shelter, find your inner most room or closet and shelter there. The area should not be on any outside wall and should not have any windows. It is advisable to store your emergency supplies and kits in this type of shelter in your home.

Tornados are another one of those weather anomalies that do not always affect an entire neighborhood.

## **Your priority**

- Check on your family and pets
- Secure your property
- Check in with your block captain (if you have not met your block captain and tornado season is upon us, please feel free to contact the resident Chairman to find your block captain)

# Your Property is no longer standing

- Collect your family
- Collect your go bag
- Let your block captain know everyone is present and accounted and that you are proceeding to the designated evacuation spot which the block captain will have information for if you need transportation out of the neighborhood
- If you can leave and proceed to a hotel, family member's house, or a shelter please let your block captain know you are leaving. This allows us to effectively communicate with emergency services where the greatest need is needed, and time will not be spent looking for your family.

 If a pet is missing, please let your street captain know this as well. Make sure your street captain has good contact information for you as every attempt will be made to reunite you with your pet.

If you check your home and family and find you are in need of urgent or emergency care and cannot reach 911, please send someone to your street captain who will be in touch with the incident command center who will dispatch help as soon as possible. Please try to evaluate the extent of the injury and problem so that the appropriate help can be sent.

If everyone is okay and you can remain in your home, please still check in with your street captain. As emergency services arrive on the scene, they will be looking to see who is in the most need and evacuating as needed.

#### Hail

Hail season is typically March-May in Texas, but nationally it is not uncommon to see in June.

Hail damage rendering a home uninhabitable is rare.

Roof damage, window damage, and automobile damage are most likely during a hailstorm.

- Plastic Sheeting and duct tape can help seal the windows against further water damage.
- Tarps can help cover holes in the roof.

Please refer to tornado and power outage plans above should further help be needed.

If you are outside seek shelter. Please note The Arena may not be the safest place to seek shelter as the roof is metal.

#### **Flooding**

Flooding can occur at any time the rain has reached a saturation point. While Pecan Square is not on a flood plain and not considered to be at risk for flooding it is possible an individual's home could flood from rain or plumbing and as such residents should be prepared to handle a flood situation until help can arrive.

If Major Flooding Occurs

- Turn off your Power
- If plumbing is at fault turn off your water to the house
- Move Furniture on top of counter tops as needed if it's not raining furniture could be moved outside.

## **Fire and Grass Fires**

Fires can occur at any time.

## Make an Escape Plan

A home fire is reported <u>every 88 seconds</u>. Once the smoke alarm sounds, a fire can spread quickly, leaving only a minute or two to escape. That's why it's so important to <u>have a home escape plan</u>.

Start by drawing a map for your home and following these guidelines from the NFPA:

- Plan two ways to escape from each room
- Make sure all doors and windows leading outside open easily
- Identify secondary routes a window onto an adjacent roof or a collapsible ladder from upper-story windows
- If you live in a multi-story building, plan to use the stairs never the elevator
- Designate an outside meeting place a safe distance from the house where everyone should meet

## When and How to Use Fire Extinguisher

Always put your safety first; if you are not confident in your ability to use a fire extinguisher, get out and call 9-1-1.

The American Red Cross cautions you to evaluate the situation and ensure:

- Everyone has left or is leaving the home
- The fire department has been called
- The fire is small, not spreading, and there is not much smoke
- Your back is to an exit you can use quickly

P Pull Tab

A Aim low at base of fire

S Squeeze Handle

S Sweep side to side with extinguisher

# **Grass Fires**

Grass Fires are most likely to occur during a draught and our community should be prepared to deal with a grass fire both on a household perspective as well as a community perspective since we will have parks, green areas, and walking nature trails.

- Call 911
- Clear the area making sure no cars are in front of fire hydrants
- Cars that can safely be moved should be moved
- On lookers should be encouraged to leave the area to make room for emergency services (block captains or committee members can help if available)

## **Severe Freeze or Ice Storm**

## **Pre-Freeze**

• Winterize your home by wrapping all exposed pipes both externally and internally with rags, newspaper, foam, or other insulating material.

#### External:

- Remove garden hoses from outdoor spigots and drip the water a minimum of 5 drips per minute.
- Drain water and shut off the irrigation system.
- Prepare for snow removal.

## Plants:

- Bring small container plants indoors.
- Push large outdoor container plants together, move close to the house and wrap the bases with plastic, burlap or blankets to conserve warmth.
- Cover bedded plants with plastic or burlap. Dr. Moon recommends fabric over plastic

#### Internal:

- Set thermostat to a minimum of 60 degrees.
- Open cabinet doors in bathrooms and kitchen to allow for warm air flow to the pipes.
- Allow a small trickle of water from all external and internal faucets including hot and cold sides.
- Fill bathtubs with water (flush toilets) in the event that you lose water.
- In unheated garages shut off water to washing machine, water softeners and recirculating systems.
- Close blinds and curtains to conserve heat.
- Close off rooms not in use to conserve heat.
- Insulate hot water heater.

#### **Post Freeze**

- Thoroughly inspect your property
- If you have a broken pipe or leak. Call a licensed plumber immediately
- Turn off and drain water in your house by locating the main line from your water meter. Turn off the valve that enters your house.
- Then run all your indoor faucets to drain water from your pipes.
- Disconnect garden hoses and hoses to your washing machine.
- Failing to swiftly address a broken pipe will cause further damage and impact your water bill